



weight loss



## Nutrition Facts

Servings Per Container 30  
**Serving Size: 1 Scoop (26.38 g)**

Amount per Serving	
<b>Calories</b>	<b>100</b>
% Daily Value*	
<b>Total Fat</b> 0.5g	1%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 6g	2%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 1g Added Sugars	2%
<b>Protein</b> 15g	
Vitamin D 2.5mcg	15%
Calcium 120mg	10%
Iron 4.5mg	25%
Potassium 160mg	4%
Vitamin A 380mcg	40%
Vitamin C 15mg	15%
Vitamin E 5mg	35%
Vitamin K 15mcg	15%
Thiamin 0.38mg	30%
Riboflavin 0.43mg	35%
Niacin 5mg	30%
Vitamin B <sub>6</sub> 0.5mg	30%
Folate 170mcg DFE (100mg folic acid)	45%
Vitamin B <sub>12</sub> 1.5mcg	60%
Biotin 75mcg	250%
Pantothenic Acid 2.5mg	50%
Phosphorus 230mg	20%
Iodine 38mcg	25%
Magnesium 60mg	15%
Zinc 3.8mg	35%
Selenium 25mcg	45%
Copper 0.6mg	70%
Manganese 0.25mg	10%
Chromium 25mcg	70%
Molybdenum 25mcg	60%

Not a significant source of saturated fat, trans fat and cholesterol.

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Other Ingredients:** Non-GMO Soy Blend, Corn Fiber, Fructose, Natural and Artificial Flavor, Dimagnesium Phosphate, Non-GMO Soy Lecithin, L-Citrulline, Creatine Monohydrate, Beta Alanine, Sodium Chloride, Rebiana (stevia leaf extract), Guar Gum, Xanthan Gum, Sustamine® (L-Alanyl-L-Glutamine), CherryPure® Tart Cherry (fruit) Powder, L-Carnitine, LunaRich X™ Proprietary Non-GMO Soy Blend, Turmeric (root), Dicalcium Phosphate, Ascorbic Acid, OptiZinc® Brand of Zinc Monomethionine, Ferrous Fumarate, d-Alpha Tocopherol Acetate, Niacinamide, Para-Aminobenzoic Acid, Calcium Pantothenate, Copper Gluconate, Vitamin A Palmitate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamin Hydrochloride, Riboflavin, ChromeMate® Brand of Niacin Bound Chromium Polynicotinate, Folic Acid, Biotin, Sodium Molybdate, Sodium Selenite, Potassium Iodine, Vitamin K (as Phytonadione), Beet (root), Vitamin D3 (as Cholecalciferol), Vitamin B12 (as Cyanocobalamin) and Maritime Pine (bark) Extract (Pycnogenol®). **CONTAINS: SOY**



glutenfree



dairyfree

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