



with
**luna
rich™**

reshape

creamy
vanilla
shake

scientifically
formulated meal replacement

Reliv® ReShape Nutritional Information

SERVINGS PER CONTAINER: 10 SERVING SIZE: 48g

	PER SERVING (48g)	PER 100g
Energy	861.9 kJ (206 cal)	1795.3 kJ (429.1 cal)
Protein	12 g	25.0 g
Fat	7.6 g	15.8 g
Saturated Fat	1.7 g	3.54 g
Carbohydrates	22.5 g	46.9 g
Sugars	15.3 g	31.9 g
Fibre	1.5 g	3.1 g
Linoleic Acid (polyunsaturated fatty acids)	0.3 g	0.6 g
Sodium	108.4 mg	225.8 mg
Potassium	372.1 mg	775.1 mg

	% DAILY ALLOWANCE		
VITAMINS			
Vitamin A	39	237.6 mcg	494.9 mcg
Vitamin B1	50	0.55 mg	1.1 mg
Riboflavin	50	0.85 mg	1.8 mg
Vitamin B12	50	1.0 mcg	2.1 mcg
Niacinamide	50	5.0 mg	10.4 mg
Vitamin C	50	20.0 mg	41.7 mg
Vitamin D	50	4.17 mcg	8.7 mcg
Vitamin B6	50	0.80 mg	1.7 mg
Vitamin E	50	5.0 mg	10.4 mg
Folic Acid	50	0.10 mg	0.2 mg
Pantothenic Acid (d-calcium pantothenate)	17	0.80 mg	1.7 mg
Biotin	17	5.0 mcg	10.4 mcg
Vitamin K	50	40.0 mcg	83.3 mcg

MINERALS			
Calcium	50	420.0 mg	874.9 mg
Iodine	50	67.9 mcg	141.4 mcg
Iron	40	3.18 mg	6.6 mg
Phosphorus	40	410.0 mg	854.0 mg
Magnesium	50	160.0 mg	333.3 mg
Zinc	40	4.8 mg	10.0 mg
Copper	13	0.275 mg	0.6 mg
Selenium	25	16.2 mcg	33.7 mcg
Molybdenum	17	39.35 mcg	82.0 mcg
Chromium	17	31.48 mcg	65.6 mcg
Manganese	17	0.73 mg	1.5 mg

INGREDIENTS [Sweetener] Fructose, Non-dairy creamer (partially hydrogenated canola oil, maltodextrin, potassium caseinate, Non-GMO soy lecithin, dipotassium phosphate and tricalcium phosphate), Non-GMO Soy Protein Isolate, Non-GMO LunaRich™ Soy Powder, Natural & Artificial Flavour, [Pre-Biotic] Inulin and [Processing Aid] Non-GMO Soy Lecithin. **Vitamins:** Ascorbic Acid, d-Alpha Tocopheryl Acetate, Niacinamide, Vitamin K, Vitamin A Palmitate, Vitamin D3, Pyridoxine Hydrochloride, Folic Acid, Riboflavin, Thiamin Hydrochloride, Calcium Pantothenate, Biotin and Vitamin B12. **Minerals:** Dimagnesium Phosphate, Dicalcium Phosphate, Potassium Chloride, Sodium Chloride, Zinc Methionine, Ferrous Fumarate, Potassium Iodide, Sodium Molybdate, Manganese Sulfate, Copper Gluconate, Sodium Selenite and Chromium Polynicotinate.

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glutenfree

